

*All classes are 50 minutes unless otherwise notated

may 2012

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | 1 9:30am// BODYPUMP 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Straight Up Circuit | 2 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// BODYPUMP 6:30pm// Step 151 | 3 9:30am// Bootcamp on the Rocks 12pm// Bootcamp on the Rocks 5:30pm// ABS-olute Booty 6:30pm// Straight Up Circuit | 4 6am// Morning Buzz 8:30am// BODYPUMP 9:30am// Step Jam 10:30am// Cardio Chisel with a Twist | 5 8am// Bootcamp on the Rocks 9:30 am// Step 151 10:30 am// ABS-olute Booty |
| 6 9:30 am// Step 151 10:30 am// Bootcamp on the Rocks | 7 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Step 151 (DJ) | 8 9:30am// BODYPUMP 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Straight Up Circuit | 9 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// BODYPUMP 6:30pm// Step 151 | 10 9:30am// Bootcamp on the Rocks 12pm// Bootcamp on the Rocks 5:30pm// ABS-olute Booty 6:30pm// Straight Up Circuit | 11 6am// Morning Buzz 8:30am// BODYPUMP 9:30am// Step Jam 10:30am// Cardio Chisel with a Twist | 12 8am// Bootcamp on the Rocks 9:30 am// Step 151 10:30 am// ABS-olute Booty |
| 13 MOTHER'S DAY | 14 6am// Morning Buzz 12 pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Step 151 (DJ) | 15 9:30am// BODYPUMP 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Straight Up Circuit | 16 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// BODYPUMP 6:30pm// Step 151 | 17 9:30am// Bootcamp on the Rocks 12pm// Bootcamp on the Rocks 5:30pm// ABS-olute Booty 6:30pm// Straight Up Circuit | 18 6am// Morning Buzz 8:30am// BODYPUMP 9:30am// Step Jam 10:30am// Cardio Chisel with a Twist | 19 8am// Bootcamp on the Rocks 9:30 am// Step 151 10:30 am// ABS-olute Booty 7pm// Cardio Striptease |
| 20 9:30 am// Step 151 10:30 am// Bootcamp on the Rocks | 21 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Step 151 (DJ) | 22 9:30am// BODYPUMP 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Straight Up Circuit | 23 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// BODYPUMP 6:30pm// Step 151 | 24 9:30am// Bootcamp on the Rocks 12pm// Bootcamp on the Rocks 5:30pm// ABS-olute Booty 6:30pm// Straight Up Circuit | 25 6am// Morning Buzz 8:30am// BODYPUMP 9:30am// Step Jam 10:30am// Cardio Chisel with a Twist | 26 8am// Bootcamp on the Rocks 9:30 am// Step 151 10:30 am// ABS-olute Booty |
| 27 9:30 am// Step 151 10:30 am// Bootcamp on the Rocks | 28 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Step 151 (DJ) | 29 9:30am// BODYPUMP 12pm// Bootcamp on the Rocks 5:30pm// Cardio Chisel with a Twist 6:30pm// Straight Up Circuit | 30 6am// Morning Buzz 12pm// Bootcamp on the Rocks 5:30pm// BODYPUMP 6:30pm// Step 151 | 31 9:30am// Bootcamp on the Rocks 12pm// Bootcamp on the Rocks 5:30pm// ABS-olute Booty 6:30pm// Straight Up Circuit | | |